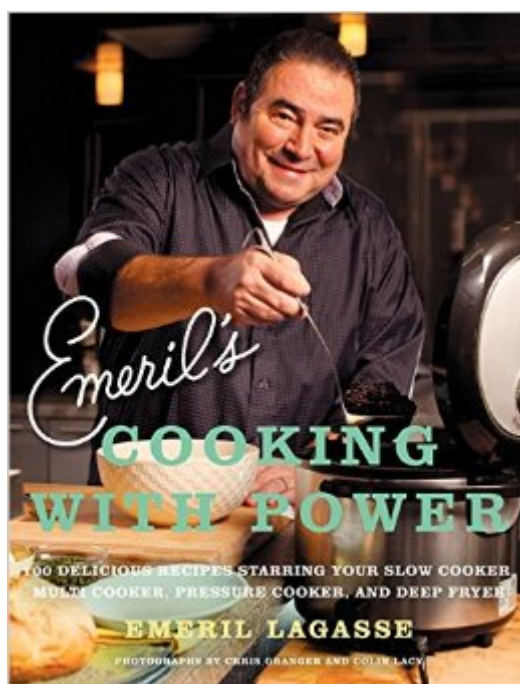


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# Emeril's Cooking With Power: 100 Delicious Recipes Starring Your Slow Cooker, Multi Cooker, Pressure Cooker, And Deep Fryer



## Synopsis

Emeril's Cooking with Power includes more than 100 easy-to-follow recipes, illustrated with dozens of color photos, specially created for home cooks' favorite kitchen appliances: the pressure cooker, fryer, multi-cooker, and slow cooker. Whether you're whipping up a weekday supper or putting together a weekend bash; hungry for soup, pasta, stew, or an irresistible dessert; Emeril Lagasse has it covered with mouthwatering crowd-pleasers such as Seafood and Smoked Sausage Gumbo and Slow Cooked Lasagna (slow cooker); Barley Risotto with Spring Vegetables and Dulce De Leche Rice Pudding (multi-cooker); Curried Pumpkin Soup and Emeril's Fastest Bar-B-Q Brisket (pressure cooker); and Fried Fish Tacos with Corn and Tomato Salsa and Apple Fritters (fryer). Emeril's Cooking with Power will help you save time, save money, and make great food with minimum stress and maximum flavor.

## Book Information

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## Customer Reviews

I purchased the T-Fal digital pressure cooker (which I love) demonstrated by Emeril. Because he stated on air that the recipes included with the cooker were limited, his cookbook, Emeril's Cooking with Power, was hyped to provide many more pressure cooker recipes, so I ordered it a couple of days later. Well, much to my disappointment, the pressure cooker section has far fewer recipes than the free recipes included with the pressure cooker. The majority of the recipes are for slow cookers and deep fryers, which is fine if those are what you are seeking. Otherwise, don't bother to spend the extra money; create your own recipes or try to modify his for your pressure cooker!

Like using a multi-cooker, which is a pressure cooker and/or a slow cooker? Want something more than watery stew or soups? Emeril combines his love of ethnic flavors with good technique in this very useful cookbook. I have not found a truly useful slow- or multi-cooker cookbook and this looks like "the one."

**Organization**The book is divided into slow cooker and multi cooker sections, so if you don't cook with pressure, at least half the book is useful. The recipe starts with a photograph of the finished dish, then ingredients followed by method

**Types of Recipes**Mostly, this book is soups, stews, sides and pasta, with some desserts (cheesecake, s'mores pudding, tapioca, dulce de leche rice, drunken cherries.) Even though a lot of the desserts are puddings, which shine in slow and multicookers, there are some doughnuts, fried pies and fritters for the fryer. There are also recipes for basic stocks such as chicken and beef, an interesting use for the cookers.

**Nutrition, Fat and Calories**Aside from some beans and sides and soups, pretty heavy stuff. Cheese. Butter. Beef. Pork. Not diet food. There are some lighter dishes, eggplant, etc but if you are a weight-watcher, I'd pass on this cookbook.

**Advice, Tips, Tricks**There is a section on how to buy, featuring Emeril's multicooker and electric fryer, but there are similar ones on the market without his brand; naturally he's touting his own cookware line. There is a chapter for pressure alone. He also gives advice on electric fryers. I don't own one and never will; it's said if you buy one, you can gain quite a bit of weight and I believe it. Just don't go there if you don't eat fried foods, and I do not. However, if you do fry foods in an electric fryer, there are recipes and advice for that in this cookbook.

**Recipes: What looks tempting?**Escarole with garlic looked good--could adapt that to kale. There is a barley risotto with veg. Turkey meatballs--we get fabulous ground turkey here, so I'm looking forward to a good meatball recipe as those are so good for entertaining. I want to make the Cuban black beans, vegetables a la Greque, Gumbo and layered enchiladas look good for a party.

**Summary:**This book has the hearty type of food you expect from Emeril, with advice on four kinds of electric cookers. Lots of versatile recipes, but heavy on calories. Family and party oriented, dieters will want to be careful.

Hands up who doesn't have kitchen cupboards full of various gizmos and gadgets that do not get used as much as they should be. Strange that! Maybe this book will help. The author provides over 100 recipes that will let you find a use for your slow cooker, multi-cooker, pressure cooker and deep fryer, giving you a lot more things to try than you might have considered possible if you had relied just on the manufacturer's own recipe book, if the device even came with one! The recipes are split according to "machine type" so you won't be trying to deep fry something in your pressure

cooker (!). Advice is given for each machine and then it is straight on to the recipes and time to get cooking. Light and breezy would be two good words to describe this book's design, making it ideal for lazy browsing or "stress-filled" cookery sessions whilst your family is buzzing around you. The recipes are clearly and simply written, well presented and easy to focus upon. It would have been nice, however, for an estimation of preparation and cooking times to have been given. An acknowledgement that people who live outside of the U.S. might like this book too would surely not have been too much - why in 2013 must one still complain about the use of sole U.S. imperial units? Clearly this book cannot be a comprehensive guide to everything and anything for your particular kitchen machine but it does give you a good excuse to get it out of the cupboard, blow the dust off it and fall back in love with it. Once you've then exhausted the broad range of recipes on offer, you can always then search after another book to continue your culinary love affair with. Yet considering the price of the book, the range of recipes and its core raison d'être, this is a good, credible book that could become a favourite for many.

Got this especially for the section on electric pressure cookers. I had purchased a multi cooker and there is a lack of cookbooks out there for electric pressure cookers. I have used some of the recipes and they came out great.

Have tried three recipes so far. Two pressure and one slow cooker. All were delicious. If you like green beans cooked Southern style, have to try the Green Beans with Smoked Ham Hock. Had checked the book out from the library and now it's part of my ebook collection.

I'm always on the lookout for delicious recipes for my slow cooker. I think anything I'd try in this book would be delicious and so easy to fix. The recipes are easy to follow and you know it is going to taste wonderful! I'm glad I added it to my cookbook shelf because I slow cook so much more than I used to but was having trouble finding unusual recipes. This book does it for me!

Great cookbook. Has lots of great recipes. I got it for Emril's pressure cooker since I had recently purchased it. However, it needs to have more everyday recipes in there instead of gourmet ones. I am having to guess on some of the cooking times for dishes that we would normally eat. But the pot roast recipe is spot on and so is the spaghetti sauce.

I only tried one recipe and found it not a favorite so I have not used this book since. I am not a

gourmet cook and do not have many of the items needed to make a lot of these recipes. I recommend reading some of them before purchasing.

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